



# Fernando Miralles Muñoz

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**Teaching areas:**

Human Resources  
and Leadership

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He holds a PhD in Psychology from the Complutense University of Madrid. Accredited by the Agency for Quality, Accreditation and Prospective of the universities of Madrid (ACAP).

Professor in public universities such as Universidad Complutense de Madrid and private universities such as Universidad San Pablo CEU, Universidad de Comillas de Madrid and Universidad Oberta de Catalunya.

Since 2001, he has published 25 books, 16 book chapters and 9 articles in scientific journals of recognized prestige, all based on research that relates anxiety, stress and depression with different aspects of people's lives. He combines his university teaching work at undergraduate and graduate levels with research and scientific publications.